

# LANTANA

grill and bar

## Classics

### Good Start Breakfast

Oatmeal, cold cereal, or homemade granola with fresh berries or bananas, skim milk, and your choice of toast, bagel, or muffin. Includes juices

\$10.95

### All American Breakfast

Two eggs, your style, Choice of three items: hash browns, grits, fresh fruit, bacon, ham, sausage, Canadian bacon and toast, bagel, or muffin. Includes juice and coffee

\$12.95

### Good Start Breakfast Buffet

Oatmeal, cold cereal, or homemade granola with fresh berries or bananas, skim milk, and your choice of breakfast pastries. Includes juices and coffee.

\$11.95

### All American Breakfast Buffet

The Good Start Buffet Plus waffles, eggs cooked to order and a selection of breakfast meats. Includes juice or coffee

\$14.95

### 3 Egg Omelets

#### Atkins Omelets

Fluffy omelets with maple pepper bacon, sausage, ham, cheddar. Served with spinach and roasted tomatoes

\$11.50

### Build an Omelet

Three egg omelets with your choice of Cheddar, Monterey Jack Cheese, asparagus, tomato, jalapenos, bacon, sausage, or bell peppers and served with your choice of hash browns, grits, or fresh fruit.

\$11.50

### Steak and Egg White Frittata

(Carb Conscious)

6oz Filet Mignon grilled and served with a mushroom, asparagus tomato frittata

\$18.95

### Crunchy French Toast (Low Cholesterols)

Whole Wheat Bread dipped in cholesterol free eggs and crushed corn flakes. Served with fresh fruit and reduced calorie syrup.

\$10.95

### Breakfast Fajita (low fat)

Choice of grilled chicken or beef with onions and peppers. Migas (Egg beaters with corn tortillas and pico) warm tortillas and black beans

\$ 13.95

## Signatures Specialties

### Black Bean Broken Yolk Breakfast Tacos

3 Flour tortillas filled with black bean, egg, and pepperjack cheese. Served with fresh salsa, guacamole, black beans. Your choice of hashbrowns, grits or fresh fruit.

\$12.95

### Huevos Rancheros

Crisp corn tortilla layered with eggs, ranchero sauce, and queso fresco. Served with black beans, sour cream, with your choice of hashbrowns, grits or fresh fruit.

\$11.25

### Eggs Benedict

Poached eggs served on a grilled English muffin with Canadian bacon. Topped with Hollandaise sauce. Served with roasted tomato, asparagus and your choice of hashbrowns, grits or fresh fruit.

\$10.25

### Chicken Fried Steak and Eggs

Beef cutlet buttermilk breaded and deep fried. Accompanied with cream gravy and 2 eggs any style. Served with your choice of hash browns, grits, or fresh fruit.

\$11.95

### Buttermilk Pancakes or Belgium Waffle

3 "Fluffy" pancakes topped with blueberries, strawberries, or bananas and served with choice of bacon, sausage, ham or Canadian bacon

\$9.95

Freshly Squeezed Orange Juice 3.95

Grapefruit, Tomato and Vegetable Juices 3.50

Smoothie of the Day 4.75

Coffee, Decaf. Coffee, Selection of Teas 2.50

Milk, Chocolate Milk, Hot Chocolate 3.25

Fresh Seasonal Fruit with individual Yogurt 7.75

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